

PRESS KIT



**Rita Sabo is an artist, a painter and sculptor.
Rita's art connects and continually expands awareness of both: thoughts and feelings.**

**As a creator of her own world, Rita's art is limitless in
their aspirations and identities, not bound to only one.**

**Art may reveal the invisible.
It may remember, connect, translate, and liberate.
And it may breathe beyond words.**



BIOGRAPHY

Rita Sabo was born in the North Caucasus and grew up multilingual in Jerusalem, Israel, and later in Switzerland. She first attended art schools in Zurich and Basel before moving to the Invers School of Design in Olten, Switzerland. In addition to her strong focus on painting, she later completed further training in jewelry design at the renowned Central Saint Martin's College of Art and Design in London. In her visual language, the multilingual artist explores the meaning of ancient symbols in the context of our present, creating space for reinterpretation. The result is a modern encyclopedia of symbols that bears Rita Sabo's signature, transforming the mystical and religious symbols of the past into the present and transcending them into the future. Sabo artistically reworks many of the symbols now considered obsolete, making their symbolic value accessible again for the 21st century.

The centerpiece of her work is the "Sacred Planet", a symbol of the deep interweaving of human destiny in the cosmic fabric. It reflects the harmony and connection inherent in the eternal flow of life. In collaboration with #Art4GlobalGoals and the YOU Foundation (an initiative of UNESCO Special Ambassador Dr. h. c. Ute-Henriette Ohoven for Education for Children in Need), Rita Sabo created a visual symphony of 17 (+1) sculptures of her "Sacred Planet", which represent the global sustainability goals (SDGs). Following the launch at UNESCO headquarters in Paris, further dates in the exhibition series followed, including at the Ludwig Museum Koblenz and the MAXXI Museum in Rome, and most recently at the Bavarian National Museum in Munich.

Rita Sabo has been married to Thomas Sabo since 2020. The couple currently lives in Vienna (AT) with their daughter Venezia.

LANGUAGE OF THE IMAGINATION

Rita Sabo describes her artistic practice as a "resonant field"—a space where the invisible takes form, where what has been forgotten resurfaces, and where the future announces itself. Working across spirituality, metaphysics, quantum consciousness, science, and cultural memory, she operates as a multidimensional artist whose work is not merely an image but an energetic architecture.

Her visual language is built from symbols, geometries, frequencies, cultural codes, and DNA information fields. She is interested not only in form but in the energetic fields that speak through form. Symbols from past civilizations and cultural epochs are brought into the present and reconfigured toward a transformed future. Sabo's process unfolds in a dialogue between intuition and inner research—a movement between the microcosm of the soul and the macrocosm of temporal fields. Her practice spans visual art, frequency work, metaphysical inquiry, and energetic cartography. A significant dimension of her research concerns the activation and remembrance of original DNA codes—not only as biological structures but as energetic potential rooted in cosmic origins and ancestral knowledge. These frequencies continue to act through our bodies, creativity, and artistic expression, reaching toward what is yet to come.

Her works often employ kaleidoscopic, repeating structures that draw the conscious mind inward, allowing the subconscious to expand. Patterns, symbols and colors operate like nonverbal messengers, creating a rhythm that connects past, present, and future.

Whether painting, installation, sculpture, or drawing, Sabo understands art as an open field where structure meets emotion, knowledge meets unknowing, and depth meets lightness. Her artistic compass rests on the belief that:

***Art may reveal the invisible.
It may remember, connect, translate, and liberate.
And it may breathe beyond words.***

PRESS

KUNSTFORUM International

[Venedig: Rita Sabo Biblioteca Nazionale Marciana](#)

L'Officiel Austria

[Zeitgenössische Kunst trifft in Venedig auf alte Meister](#)

Harper's BAZAAR

[Dank Rita Sabo entdecken wir spirituelle Kunst neu](#)

NYLON

[Rita Sabo : une exposition pour la planète à Paris](#)

N-TV

[Rita Sabos spirituelle Symbole](#)

VOGUE Germany

[Rita Sabo – stellt ihren "Sacred Planet" vor](#)

ELLE.de

[„Rita Sabo – Sacred Planet“ in München](#)

stayinart

[Die komplexe Harmonie des „heiligen Planeten“ Erde](#)

EXHIBITIONS

UPCOMING MAY 2025

UNISON – The Fusion of High Civilisations
solo exhibition, Biennale Venice · Palazzo Bembo (IT)

2024 – 2025

Sylt Art Fair
Neue Bootshalle List, Sylt (DE)
Exhibition & Art Talk, June – September 2025

Sacred Planet“
Bayerisches Nationalmuseum, Munich (DE)
solo exhibition, December 2024 – January 2025

„Sacred Planet“
MAK – Museum für angewandte Kunst – Vienna (AT)
as part of AURUM ART CLUB, October 2024

„Sacred Planet“
MAXXI – National Museum of 21st Century Art, Rome (IT)
solo exhibition, July 2024 – August 2024

„Sacred Planet“
Ludwig Museum, Koblenz (DE)
solo exhibition, November 2023 – January 2024

2023 – 2024

„Sacred Planet“ for #art4globalgoals
UNESCO Headquarter, Paris (FR)
solo exhibition, September 2023

Sylt Art Fair
Neue Bootshalle List, Sylt (DE)
Exhibition & Art Talk, May – September 2023

„Sacred Planet“
Biblioteca Nazionale Marciana, Sale Monumentali, Venice (IT)
solo exhibition, June – July 2023



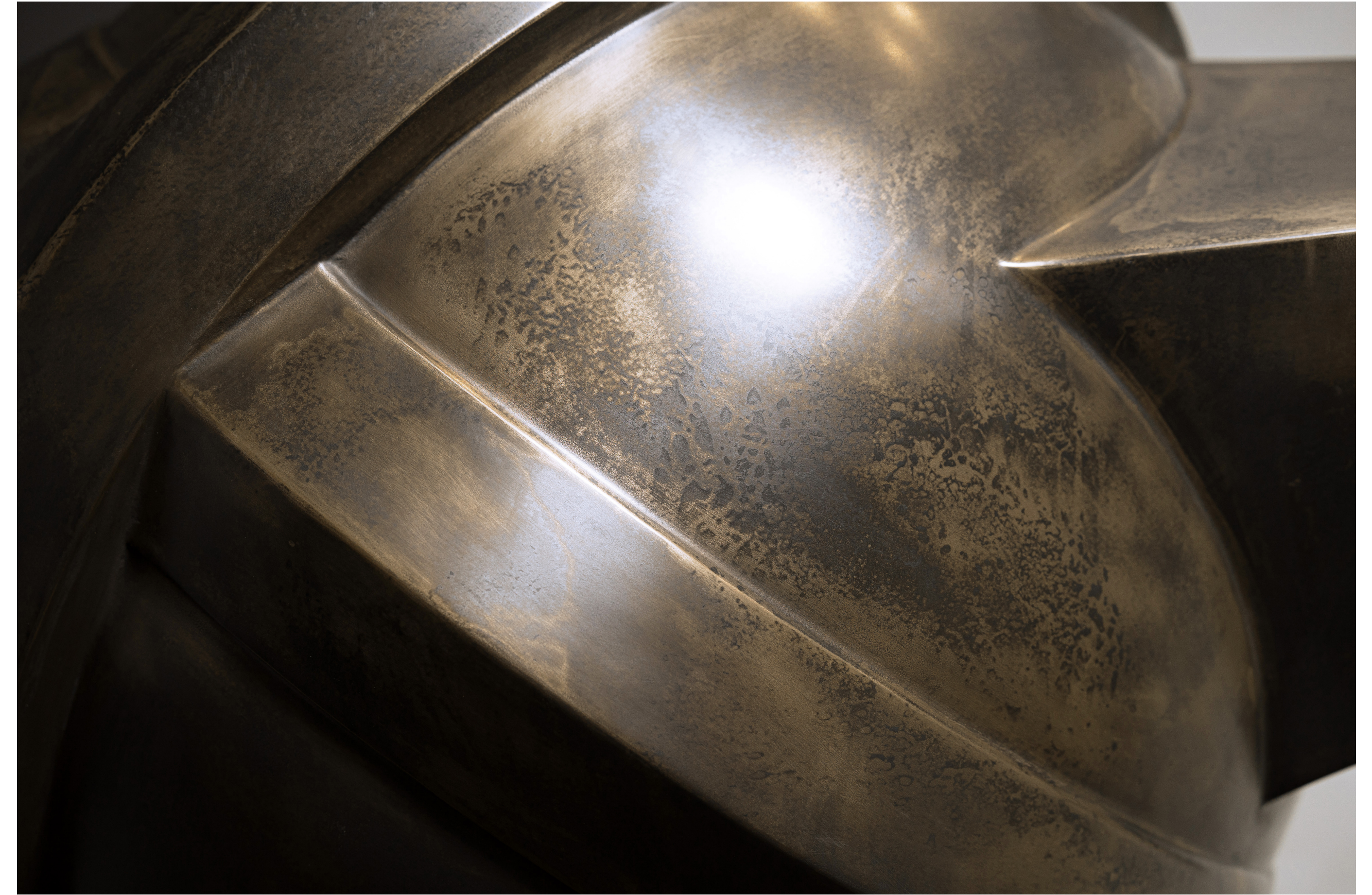
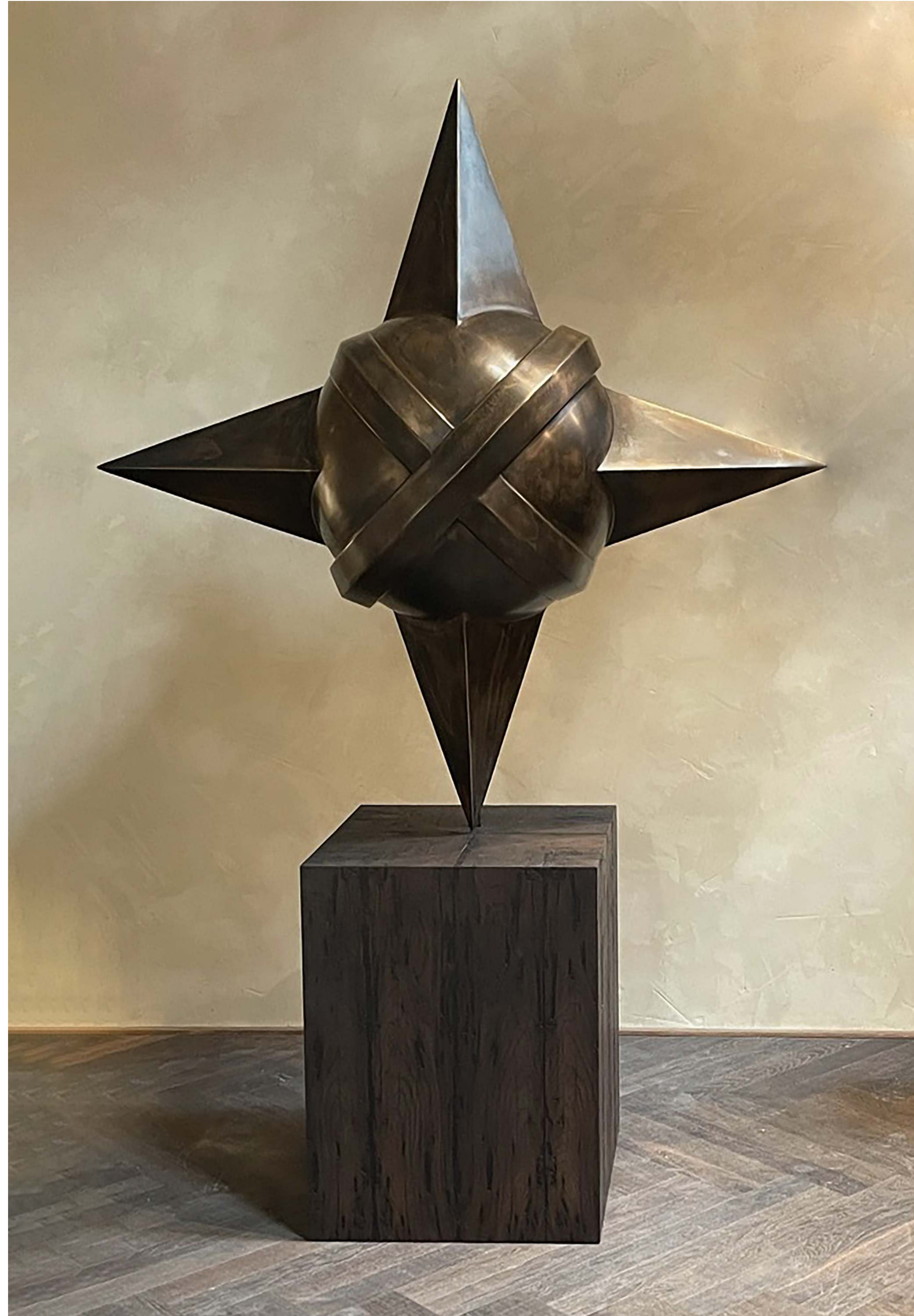


SCULPTURES



SACRED PLANET

Ø 140 cm, cast aluminium with double patinated bronze, wax-coated, 2023
socket "Venezia" 55 x 55 x 70 cm,
cabinetwork with original Venetian oak veneer, dark oiled



17 x SACRED PLANET

17 x Ø 34.5 cm, aluminum hollow casting, colored, 2023
17 x socket oak, oiled, 23,5 x 23,5 x 100 cm





PAINTINGS



LAW OF ELEMENTS
320 x 160 cm, acrylic on canvas, framed, 2023



COSMOGONIA
200 x 200 cm, acrylic on canvas, framed, 2023



RENASCI
200 x 200 cm, acrylic on canvas, framed, 2024



SEMEN
140 x 140 cm, acrylic on canvas, framed, 2023



LOCUS
120 x 120 cm, acrylic on canvas, framed, 2024



MATER
130 x 130 cm, acrylic on canvas, framed, 2024



RITA SABO

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META – FIELD
110 x 140 cm, acrylic on canvas, framed, 2024



THANK YOU.

